

## **Crown and Bridge - TEMPORARY**

Please follow these instructions for care while in a temporary prosthesis

- The adhesive that holds the temporary into place, takes roughly 1/2 hour to set up; avoid eating during this period
- SIDE EFFECTS TO EXPECT WITH CROWN RESTORATION/DENTAL WORK:
  - The gums around the tooth to be tender for a few days
  - Slight discomfort, sensitivity to temperature and tenderness
  - Chewing pressure
- Avoid the following while the temporary is in place:
  - DO NOT eat sticky foods. Sticky materials can loosen or pull temporary from prepped tooth
  - Avoid chewing gum and foods that are sticky, crunchy, chewy, hard
  - Avoid using electric/Sonicare tooth brush on the temporary; however, continue use on other areas/teeth as part of your normal homecare routine
- Continue to brush & floss all other areas of the mouth as normal, with careful consideration around the temporary. The permanent crown/bridge will go in place much easier when the gum tissue is healthy
  - Flossing should be limited to placing the floss and pulling the floss out from the side. Avoid normal flossing motion around temporary, as it could cause the temporary to become loose
- If the temporary crown or bridge becomes loose, breaks, comes out or is hitting heavy with normal biting, please call the office immediately so that we can evaluate and correct the problem. If the temporary crown/bridge is off for even a short time, the tooth can shift position and cause the permanent restoration not to fit properly
  - If you are unable to contact the office, a denture adhesive (Fixodent) can be used temporarily. The denture adhesive will hold in place until you can make it into the office for evaluation
  - DO NOT use superglue or any other adhesives to re-cement
- If medicines were prescribed to you, please take them as directed. Over-the-Counter (OTC) medicines can be used to help alleviate discomfort

Should you have any concerns about your temporary crown/bridge OR if symptoms do not get better or become worse after 2-3 days, please do not hesitate to call our office at (815) 725-5991